

RVSD School Lunch Menu August-September 2010

Please circle one preferred meal for each day. In addition to the lunch options displayed, the following meals are also available daily. Please write the meal in on the desired day.

Annie's Mac and Cheese

Classic Turkey Sandwich

Bagel with Cream Cheese

M	T	W	TH	F
AUG 23 Oven-Roasted Herb Chicken Authentic Baked Ziti Cheese Pizza Avocado Sushi Roll	AUG 24 Oven-Baked Chicken Tenders Perfect Pesto Pasta Classic Spaghetti with Meatballs Italian Pasta Salad Hummus and Pita Bento Box Ham & Cheese Sandwich	AUG 25 Mild Chile Cheese Tamale All-American Hamburger with Roasted Potatoes Chicken Noodle Soup Italian Pasta Salad Cucumber Sushi Roll Avocado Sushi Roll Tuna Salad Sandwich	AUG 26 Smokehouse BBQ Chicken Pasta Marinara Shredded Chicken "Taquitos" Italian Pasta Salad Cucumber Sushi Roll Ham & Cheese Sandwich Avocado Sushi Roll	AUG 27 Hand-Rolled Chicken Enchiladas Three Bean Chili Pepperoni Pizza Hummus and Pita Bento Box Cucumber Sushi Roll
AUG 30 Bean & Cheese Burrito Smokehouse BBQ Chicken Cheese Pizza Italian Pasta Salad Avocado Sushi Roll Tuna Salad Sandwich	AUG 31 Pan-Seared Potstickers Four-Cheese Ravioli with Marinara All-American Cheeseburger with Roasted Potatoes Hummus and Pita Bento Box Ham & Cheese Sandwich Cucumber Sushi Roll	SEP 1 Breakfast-For-Lunch Burrito Oven-Baked Chicken Tenders Chicken Chow Mein Italian Pasta Salad Ham & Cheese Sandwich Avocado Sushi Roll	SEP 2 Chicken Noodle Soup Smokehouse BBQ Chicken Teriyaki Veggie Rice Bowl Cucumber Sushi Roll Tuna Salad Sandwich Hummus and Pita Bento Box	SEP 3 Hand-Rolled Beef Enchiladas Pasta Marinara Pepperoni Pizza Avocado Sushi Roll Ham & Cheese Sandwich Italian Pasta Salad
SEP 6 NO SCHOOL LABOR DAY	SEP 7 Teriyaki Chicken Rice Bowl Pan-Seared Potstickers Mild Chile Cheese Tamale Italian Pasta Salad Ham & Cheese Sandwich Avocado Sushi Roll	SEP 8 Four-Cheese Ravioli with Marinara Shredded Chicken "Taquitos" All-American Hamburger with Roasted Potatoes Cucumber Sushi Roll Tuna Salad Sandwich	SEP 9 Oven-Baked Chicken Tenders Chicken Baja Burrito Perfect Pesto Pasta Avocado Sushi Roll Ham & Cheese Sandwich Hummus and Pita Bento Box	SEP 10 Bean & Cheese Burrito Double Decker Meat Lasagna Pepperoni Pizza Cucumber Sushi Roll Tuna Salad Sandwich

All meals include fruit, snack, and beverage

M	T	W	TH	F
SEP 13 Oven-Roasted Herb Chicken Chili Mac Cheese Pizza Italian Pasta Salad Ham & Cheese Sandwich Avocado Sushi Roll	SEP 14 Oven-Baked Chicken Tenders Veggie Lover's Chow Mein Smokehouse BBQ Chicken Cucumber Sushi Roll Tuna Salad Sandwich	SEP 15 Chicken Noodle Soup Chicken Tamale with Tex Mex Rice Authentic Baked Ziti Avocado Sushi Roll Ham & Cheese Sandwich Avocado Sushi Roll	SEP 16 All-American Cheeseburger with Roasted Potatoes Pasta Marinara Pan-Seared Potstickers Hummus and Pita Bento Box Tuna Salad Sandwich	SEP 17 Classic Spaghetti with Meat Sauce Three Bean Chili Pepperoni Pizza Italian Pasta Salad Ham & Cheese Sandwich Avocado Sushi Roll
SEP 20 Shepherd's Pie Shredded Chicken "Taquitos" Cheese Pizza Cucumber Sushi Roll Tuna Salad Sandwich	SEP 21 Perfect Pesto Pasta Oven-Baked Chicken Tenders Breakfast-For-Lunch Burrito Hummus and Pita Bento Box Ham & Cheese Sandwich Avocado Sushi Roll	SEP 22 Teriyaki Chicken Rice Bowl Classic Spaghetti with Meatballs Mild Chile Cheese Tamale Cucumber Sushi Roll Tuna Salad Sandwich	SEP 23 Fried Rice and Veggies All-American Hamburger with Roasted Potatoes Hand-Rolled Chicken Enchiladas Italian Pasta Salad Hummus and Pita Bento Box Ham & Cheese Sandwich	SEP 24 Bean & Cheese Burrito Roasted Turkey w/ Mashed Potatoes and Stuffing Pepperoni Pizza Cucumber Sushi Roll Tuna Salad Sandwich
SEP 27 Painted Hills Big and Beefy Burrito Chicken Noodle Soup Cheese Pizza Italian Pasta Salad Avocado Sushi Roll Ham & Cheese Sandwich	SEP 28 Chicken "Fried" Rice Four-Cheese Ravioli with Marinara All-American Hamburger with Roasted Potatoes Hummus and Pita Bento Box Tuna Salad Sandwich	SEP 29 Classic Spaghetti with Marinara Oven-Baked Chicken Tenders Chicken Chow Mein Italian Pasta Salad Avocado Sushi Roll Ham & Cheese Sandwich	SEP 30 All-American Cheeseburger with Roasted Potatoes Sukhi's Tandoori Chicken Authentic Baked Ziti Cucumber Sushi Roll Tuna Salad Sandwich	

This order form is only for the Free and Reduced lunch program. For families not on the Free and Reduced lunch program, please order online at <https://www.choicelunch.com>

Student Name: _____

Phone: _____

School: _____

Grade: _____

Total Enclosed: _____

Check Number: _____

Make check payable to Ross Valley School District

Reduced lunches are 40¢ each and must have an application on file.

Send completed form to your school office or:

District Office
 110 Shaw Dr.
 San Anselmo, CA 94960

Questions? Call Susan Reed at 415-451-4074, email food@rossvalleyschools.org Fax: 415-454-6840